

Basics	For (minor) emergencies
□ tissues	☐ Bandaids
□ baby wipes	□ spray on bandage
□ hand sanitizer	□ sting goes
□ nail file	☐ feminine hygiene products
□ contact numbers for your service providers	For Comfort and Relief
etc.	□ party feet
□ cash/coins (think of parking issues)	□ heel protectors
Hair	□ hand cream
□ bobbpins	□ painkillers
□ hairspray	□ telfast (or similar)
□ hairbrush/comb	□ mints
□ tail comb (for delicate fixes)	□ Alka-Seltzer
□ curler/straightener	□ Tums (or similar)
For Fixes to dresses etc.	☐ Biotene mouth spray or gum (good for dry
□ chalk	mouth before speeches etc)
□ sewing kit	□ eyedrops
□ safety pins	□ aeroguard (or similar)
□ dressmaker pins	□ tweezers
□ baby powder	To Freshen Up
□ earring backs	□ Deodarant
□ static cling spray	□ Perfume
□ clear nail polish	☐ Wet Ones
□ baby powder	□ Toothbrush
□ lint brush □ Super Glue (for nail fixes, shoe heels, decorations, even jewels)	☐ Little mirror
□ baby powder	
☐ Hollywood fashion tape	
□ stain remover pen	

